



Shine as Lights in the World
Philippians 2.15

Jigsaw Overview – Term 5 – Relationships



Shine as Lights in the World
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Relationships				
KS1 – Years 1 and 2				
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 5 - 6	1	Families	R1, R2, R3, R4	<i>Family, belong, different, same,</i>
Ages 5 - 6	2	Making friends	R7, R8, R9, R10, R11, R12	<i>Friends, friendship, qualities, caring, sharing, kind.</i>
Ages 5 - 6	3	Greetings	R14, R19, R25, R26, R27, R28	<i>Greetings, touch, feel, texture, like, dislike.</i>
Ages 6 - 7	4	Secrets	R6, R16, R19, R20, R22, R26, R31, R32 H2, H3	<i>Secret, surprise, good secret, worry secret, telling, adult, trust, surprised, happy, sad, frightened.</i>
Ages 6 - 7	5	Trust and appreciation	R11, R12, R13, R16, R31 H2, H3	<i>Trust, trustworthy, honesty, reliability.</i>
Ages 6 - 7	6	Celebrating my special relationships (Assessment)	R8 H2, H3	<i>Compliments, celebrate, positive, negative, appreciate.</i>

Relationships

KS1 – Years 1 and 2

Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 6 – 7	1	Families	R1, R2, R3, R4, R5, R6	<i>Family, different, similarities, special, relationship, important, cooperate.</i>
Ages 6 - 7	2	Keeping safe – exploring physical contact	R16, R19, R25, R27, R28, R29, R30, R32	<i>Touch, physical contact, communication, hugs, like, dislike, acceptable, not acceptable.</i>
Ages 6 - 7	3	Friends and conflict	R7, R9, R10, R12, R16 H15	<i>Friends, likes, dislikes, conflict, point of view, positive problem solving.</i>
Ages 5 - 6	4	People who help us	R11, R16, R19, R25, R28, R32 H4	<i>Help, helpful, community, feelings.</i>
Ages 5 - 6	5	Being my own best friend	R9, R10, R11, R15, R31 H3, H6	<i>Confidence, praise, quality, skills, self-belief, incredible, proud.</i>
Ages 5 - 6	6	Celebrating my special relationships (Assessment)	R12, R13, R16 H2, H6	<i>Celebrate, relationships, special, appreciate, feelings.</i>

Relationships

LKS2 – Years 3 and 4

Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 7 - 8	1	Family roles and responsibilities	R1, R2, R3, R4	<i>Men, women, male, female, unisex, role, job, responsibilities, differences, similarities, respect, stereotype.</i>
Ages 7 - 8	2	Friendship	R7, R8, R9, R10, R12, R19 H2, H3	<i>Conflict, solution, problem solving, friendship, win-win.</i>
Ages 7 - 8	3	Keeping myself safe online	R11, R17, R20, R21, R22, R23, R24, R25, R26, R32 H9, H11, H12, H13, H14, H15, H16, H17	<i>Safe, unsafe, risky, internet, social media, private messaging (PM), Gaming.</i>
Ages 8 - 9	4	Getting on and falling out	R7, R8, R9, R10, R11, R12, R13, R14, R16, R19, R25, R32 H7	<i>Friendships, negotiate compromise, trust, loyalty, anger, betrayal, empathy.</i>
Ages 8 - 9	5	Girlfriends and boyfriends	R8, R9, R12, R13, R14, R16	<i>Boyfriend, girlfriend, attraction, pressure, personal, comfortable.</i>
Ages 8 - 9	6	Celebrating my relationships with people and animals (Assessment)	R2, R4, R9, R12, R16, R19, R25	<i>Special, love, appreciation, symbol, care.</i>

Relationships

LKS2 – Years 3 and 4

Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 8 - 9	1	Jealousy	R6	<i>Relationship, close, jealousy, problem-solve, emotions, positive, negative.</i>
Ages 8 - 9	2	Love and loss	R6 H2, H3, H7, H9	<i>Loss, strategy, shock, disbelief, numb, denial, anger, guilt, sadness, pain, despair, Hopelessness Relief, acceptance, depression.</i>
Ages 8 - 9	3	Memories Puzzle outcome: Memory box	H4, H10	<i>Souvenir, memento, memorial, loss, memories, special, remember.</i>
Ages 7 - 8	4	Being a global citizen 1		<i>Global, communications, transport, interconnected, food journeys, climate, trade, inequality.</i>
Ages 7 - 8	5	Being a global citizen 2		<i>Needs, wants, rights, deprivation, United Nations, equality, justice.</i>
Ages 7 - 8	6	Celebrating my web of relationships (Assessment)	R13, R16	<i>Happiness, celebrating, relationships, friendship, family, thank you, appreciation.</i>

Relationships

UKS2 – Years 5 and 6

Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 9 - 10	1	Recognising me	R13, R15 H2, H3, H4, H7	<i>Characteristics, personal qualities, personal attributes, self-esteem.</i>
Ages 9 - 10	2	Safety with online communities	R11, R12, R13, R14, R16, R17, R20, R21, R22, R23, R24, R25, R26, R29, R31, R32. H8, H9, H10, H11, H12, H13, H14, H15, H16, H17.	<i>Responsibility, being responsible, age restriction.</i>
Ages 9 - 10	3	Being in an online community	R12, R13, R14, R16, R19, R20, R21, R22, R23, R24, R26, R29 H8, H9, H10, H11, H12, H13, H14, H15, H16, H17	<i>Social network, community, online, offline, responsibility, rights, risky.</i>
Ages 10 - 11	4	Power and control	R8, R9, R10, R13, R17, R19, R25, R26, R28, R30, R31, R32. H8, H9, H17	<i>Power, control, authority, bullying, script, assertive, strategies.</i>
Ages 10 - 11	5	Being online – real or fake? Safe or unsafe?	R11, R13, R20, R21, R22, R23, R24, R25, R26, R28, R29, R32. H11, H12, H13, H14, H15, H16, H17.	<i>Risks, pressure, influences, self-control, real, fake, true, untrue, assertiveness, judgement.</i>
Ages 10 - 11	6	Using technology responsibly (Assessment)	R13, R21, R22, R23, R24, R25, R26, R28, R32. H11, H12, H13, H14, H15, H16, H17.	<i>Communication, technology, power, control, cyberbullying, abuse, safety.</i>

Relationships

UKS2 – Years 5 and 6

Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 10 - 11	1	What is mental health?	R27, R32 H1, H4, H5, H6, H7, H9, H10, H17, H18, H21	<i>Mental health, ashamed, stigma, stress, anxiety, support.</i>
Ages 10 - 11	2	My mental health	R15, R27, R32 H1, H4, H5, H6, H7, H9, H10, H17, H18, H21.	<i>Mental health, worried, signs, stress, anxiety, warning, support, self-harm.</i>
Ages 10 - 11	3	Love and loss	R32 H2, H3, H4, H7, H9, H10, H17	<i>Emotions, feelings, sadness, loss, grief, denial, despair, guilt, shock, hopelessness, anger, acceptance, bereavement, coping strategies.</i>
Ages 9 - 10	4	Online gaming	R12, R13, R14, R19, R20, R21, R22, R23, R24 H11, H12, H13, H14, H15, H16, H17.	<i>Age restriction, community, violence, appropriate, grooming, trolled, gambling, betting, trustworthy, responsibility, rights, risky.</i>
Ages 9 - 10	5	My relationship with technology: screen time	R12, R13, R14, R20, R21, R22, R23, R24 H5, H11, H12, H13, H14, H15, H16, H17	<i>Devices, screen time, social, offline, mental health, physical health.</i>
Ages 9 - 10	6	Relationships and technology (Assessment)	R11, R12, R13, R14, R20, R21, R22, R23, R24 H1, H11, H12, H13, H14, H15, H16, H17.	<i>Personal information, safe, online, choices, vulnerable, risk, grooming, rights, responsibilities.</i>