



		Dreams & Goals		
KS1 – Years 1 and 2				
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 5 - 6	1	My treasure chest of success	H1	Proud, success, achievement, goal, treasure coins.
Ages 6 - 7	2	My learning strengths	R15, R30	Strengths, persevere, challenge, difficult, easy.
Ages 6 - 7	3	Learning with others	R12, R13, R14, R16	Learning together, success, celebrate, achievement, goal, partner, team work.
Ages 5 - 6	3	Achieving together: Dream wellies	R12, R16	Working together, team work, achievement, celebrate.
Ages 5 - 6	4	Stretchy learning: Stretchy flowers		Learning, stretchy, challenge, feelings.
Ages 5 - 6	6	Celebrating my success (Assessment)	H3	Success, celebration, challenge, internal treasure chest, feelings, goals, dreams, garden.

	Dreams & Goals				
S1 – Years 1 and 2					
Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary	
Ages 6 – 7	1	Goals to success	H2, H3	Realistic, proud, success, celebrate, achievement, goal.	
Ages 5 - 6	2	Steps to goals		Goal, learning, stepping stones, process, garden, dreams.	
Ages 5 - 6	5	Overcoming obstacles	R30 H4	Challenge, obstacle, overcome, achieve, goal, stepping stones.	
Ages 6 – 7	4	Group challenge: dream birds	R13, R14, R16, R19	Learning together, success, celebrate, achievement, challenge, product, dream bird, group, team work, problem-solve.	
Ages 6 – 7	5	Continuing group challenge	R14, R16, R19 H2, H3	Learning together, success, celebrate, achievement, challenge, product, dream bird, group, team work, problem-solve.	
Ages 6 – 7	6	Celebrating our achievement (Assessment)	R19 H4	Learning together, success, celebrate, dream, goal, garden, achievement, proud.	

Dreams & Goals					
LKS2 – Years 3 and 4					
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary	
Ages 8 - 9	2	Broken dreams		Dreams, goals, hopes, disappointment, fears, hurt, resilience.	
Ages 8 - 9	3	Overcoming disappointment	R12	Positive experiences, hopes, dreams, disappointment, hurt, goals, plans, cope, help, resilience.	
Ages 7 - 8	3	A new challenge: Garden design		Garden, decoration, dream, goal, teamwork, enterprise, design, co-operation.	
Ages 7 - 8	4	Our new challenge: Garden design		Challenge, product, teamwork, co-operation, strengths, motivated, enthusiastic, excited, efficient, responsible.	
Ages 7 - 8	5	Our new challenge: Overcoming obstacles	R14, R15, H2, H3	Obstacles, frustration, 'solve it together', technique, solution, teamwork.	
Ages 7 - 8	6	Celebrating my learning (Assessment)	R13, H2, H3	Review, learning, strengths, success, self-review, celebrate, evaluate.	

Dreams & Goals					
LKS2 – Years 3 and 4					
Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary	
Ages 7 - 8	1	Dreams and goals	H2, H3	Perseverance, challenges, success, obstacles, dreams, goals.	
Ages 7 - 8	2	My dreams and ambitions		Dreams, goals, ambitions, future, aspirations.	
Ages 8 - 9	1	Hopes and dreams	R30 H4	Dream, hope, goal, determination, perseverance, resilience, positive attitude.	
Ages 8 - 9	4	Creating new dreams	R13, R14, R16, R19	Resilience, self-belief, motivation, perseverance, determination, goal, dream, commitment.	
Ages 8 - 9	5	Achieving goals: Potato people	R14, R16, R19 H2, H3	Goal, teamwork, enterprise, design, co-operation.	
Ages 8 - 9	6	We did it! (Assessment)	R19 H4	Resilience, positive attitude, review, disappointment, learning, strengths, success, celebrate, evaluate.	

Dreams & Goals					
UKS2 – Years 5 and 6					
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary	
Ages 9 - 10	1	When I grow up (my dream lifestyle)	Н2, Н3	Dream, hope, goal, feeling, achievement, money, grown up, adult, lifestyle.	
Ages 9 - 10	2	Investigate jobs and careers		Job, career, profession, money, salary, contribution, society.	
Ages 9 - 10	3	My dream job – Why I want it and the steps to get there	R15	Dream, hope, job, career, goal, determination, perseverance, motivation.	
Ages 10 - 11	4	Helping to make a difference	R12, R13 H7	Dream, hope, goal, achievement, money, sponsorship, suffering, hardship, empathy, motivation.	
Ages 10 - 11	5	Helping to make a difference	R16 H4	Dream, hope, goal, achievement, money, sponsorship, suffering, hardship, empathy, motivation.	
Ages 10 - 11	6	Recognising our achievements (Assessment)	R16	Admire, respect, achievement, praise, compliment, contribution, recognition.	

Dreams & Goals					
JKS2 – Years 5 and 6					
Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary	
Ages 10 - 11	1	Personal learning goals	R15	Dream, hope, goal, learning, strengths, stretch, achievement, personal, realistic, unrealistic.	
Ages 10 - 11	2	Steps to success		Dream, hope, goal, feeling, achievement, success, criteria, learning steps.	
Ages 10 - 11	3	My dream for the world	H2, H3	Dream, hope, goal, feeling, achievement, money, global, issue, suffering, concern, hardship.	
Ages 9 – 10	4	Dreams and goals of young people in other cultures	R16	Dream, hope, goal, aspiration, culture, country.	
Ages 9 - 10	5	How can we support each other?	R12	Aspiration, dream, goal, culture, sponsorship, communication.	
Ages 9 - 10	6	Rallying support (Assessment)	R12	Support, rallying, sponsorship, teamwork, cooperation, difference, dream, goal, motivation, aspiration.	