





## Being Me in My World

KS1 – Years 1 and 2		,		
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 5 - 6	1	Special and Safe	H7	Safe, special, calm.
Ages 5 - 6	2	My Class	R7, 14	Belonging, special, rights, responsibilities.
Ages 5 - 6	3	Rights and Responsibilities	R9, 12, 14, 16	Rights, responsibilities, learning charter.
Ages 5 - 6	4	Rewards and feeling proud	H2, 3	Rights, responsibilities, learning charter, rewards, proud.
Ages 5 - 6	5	Consequences	H4	Rights, responsibilities, learning charter, consequences, upset, disappointed.
Ages 5 - 6	6	Owning our Learning Charter (Assessment)	R12, 16	Rights, responsibilities, learning charter, illustration, rewards, consequences.

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Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 6 – 7	1	Hopes and Fears for the Year	H2, 3	Worries, hopes, fears.
Ages 6 – 7	2	Rights and Responsibilities	R12, 14, 16, 19, 25, 32	Belonging, rights, responsible, actions.
Ages 6 – 7	3	Rewards and Consequences	R12, 14, 15, 16	Praise, reward, consequence, positive, negative, choices.
Ages 6 – 7	4	Rewards and Consequences	R12, 14, 15, 16	Praise, reward, consequence, positive, negative.
Ages 6 – 7	5	Our Learning Charter	R12, 13, 14	Co-operate, learning charter, rights, responsibilities, rewards, consequences, problemsolving, choices.
Ages 6 – 7	6	Owning our Learning Charter (Assessment)	R12, 13, 14	Learning charter, responsibilities, rights, rewards, consequences, choices.

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LKS2 – Years 3 and 4				
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 7 – 8	1	Getting to know each other	R7, 8, 9	Welcome, valued, achievements, proud, pleased, personal goal, praise, acknowledge, affirm.
Ages 7 – 8	2	Our Nightmare School	R12, 32 H2, 3	Emotions, feelings, nightmare, fears, worries, solutions, support.
Ages 7 – 8	3	Our Dream School	R13, 16 H2, 3	Rights, responsibilities, learning charter, nightmare, dream.
Ages 8 – 9	4	Rewards and Consequences	R14, 19	Reward, consequence, democratic.
Ages 8 – 9	5	Our Learning Charter	R13, 25	Decisions, rights, responsibilities, voting, democracy, authority, learning charter, role, contribution, observer.
Ages 8 – 9	6	Owning our Learning Charter (Assessment)		Decisions, choices, democracy, UN Convention on Rights of Child (UNCRC),

learning charter.

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Cycle B	Lesson Number	Lesson Topic	RSHE Guidance	Key Vocabulary
			Reference	
Ages 8 - 9	1	Becoming a class team	R7, 8, 9	Included, excluded,
			H2, 3	welcome, valued, team,
				charter.
Ages 8 - 9	2	Becoming a school citizen	R11, 12, 14	Role, job description, school
3				community, responsibility.
Ages 8 - 9	3	Rights, Responsibilities and	R12, 16	Rights, responsibilities,
		Democracy		democracy.
Ages 7 - 8	4	Rewards and	R21	Behaviour, rewards,
		Consequences		consequences, actions,
		551155461511555		feelings, rights,
				responsibilities, fairness,
				choices.
Agas 7 9	5	Our Learning Charter	R14, 19	
Ages 7 - 8	5	Our Learning Charter	K14, 19	Co-operate, rights,
				responsibilities, rewards,
				consequences, choices,
				learning, charter, challenge,
				group dynamics, team
				work.
Ages 7 - 8	6	Owning our Learning	R14, 19, 25	Learning, charter, actions,
		Charter (Assessment)		view point, ideal school,
				belong.

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S2 – Years 5 and 6				
Cycle A	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 9 - 10	1	My Year Ahead	R16 H2, 3	Education, appreciation, opportunities, goals, motivation, vision, hopes challenge.
Ages 9 - 10	2	Being a Citizen of my Country	R12, 14, 15	Rights, responsibilities, citizen, denied, empathis refugee, persecution, conflict, asylum, migran
Ages 9 - 10	3	Responsibilities	R12, 13, 14	Rights, wealth, poverty, responsibilities, prejudice citizen, privilege, deprive
Ages 10 - 11	4	The Learning Charter	R12, 13, 14, 25 H4	Choices, behaviour, righ responsibilities, rewards, consequences, empathis learning charter, obstact
Ages 10 – 11	5	Our Learning Charter	R7, 12, 13, 16	Rights, responsibilities, rewards, consequences, cooperation, collaboration, legal, illegal, lawful.
Ages 10 - 11	6	Owning our Learning Charter (Assessment)	R12, 13, 16	Laws, learning charter, collaboration, participat motivation, rights, responsibilities, rewards, consequences, democration, proud.

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UKS2 – Years 5 and 6				
Cycle B	Lesson Number	Lesson Topic	RSHE Guidance Reference	Key Vocabulary
Ages 10 - 11	1	My Year Ahead		Goals, worries, fears, value, welcome.
Ages 10 - 11	2	Being a Global Citizen 1	R12 H2, 3	Choice, Ghana, West Africa, cocoa plantation, cocoa pods, rights, community, education.
Ages 10 - 11	3	Being a Global Citizen 2	R 12 H2, 3	Wants, needs, Maslow, empathy, comparison, opportunities, education.
Ages 9 - 10	4	Rewards and Consequences	R14 H7	Rights, responsibilities, rewards, consequences, choices, learning charter.
Ages 9 - 10	5	Our Learning Charter	R14	Rights, responsibilities, rewards, consequences, cooperation, collaboration.
Ages 9 – 10	6	Owning our Learning Charter (Assessment)	R 12, 13, 14	Learning charter, collaboration, participation, motivation, rights, responsibilities, rewards,

consequences.